

Behavioral and Mental Health 360°

MA Board of Higher Education
Academic Affairs and Student Success Advisory Council
June 6, 2023

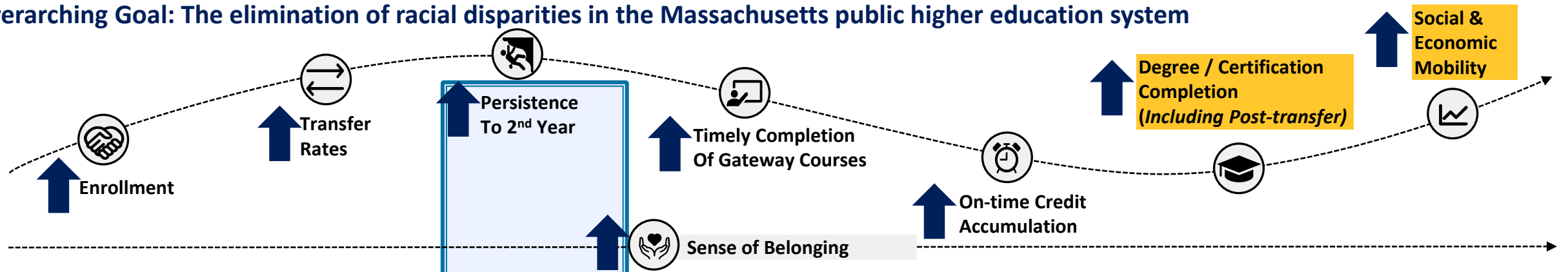


MASSACHUSETTS
Department of
Higher Education

The Equity Agenda

Academic Affairs & Student Success Initiatives

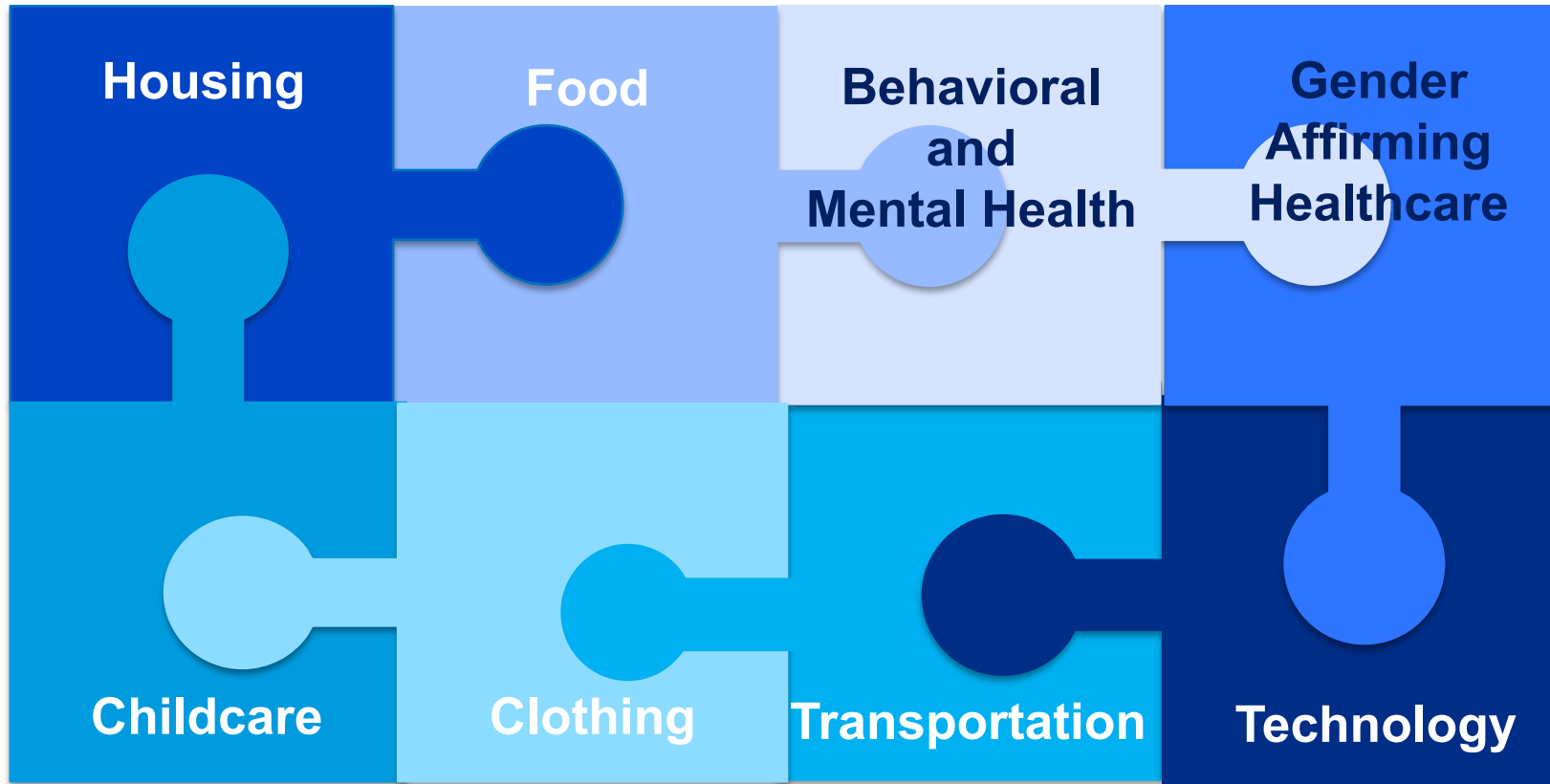
Overarching Goal: The elimination of racial disparities in the Massachusetts public higher education system



- **Bridges to College**^{\$}
- **Dual Enrollment/ Early College**^{\$}
- **MAICEI**^{\$}
- **SAT Optional Pilot**
- **Veterans Affairs**
- **MassTransfer**^{*}
- **SSA Transfer Academy**^{\$}
- **Basic Needs Security**^{\$}
- **Open Educational Resources**^{*}
- **SUCCESS**^{\$}
- **Developmental Education Reform**^{*}
- **STEM Starter Academy (SSA)**^{\$}
- **Competency Based Education**^{*}
- **Prior Learning Assessment**^{*}
- **Higher Education Innovation Fund**^{\$}
- **Civic Engagement & Learning**^{*}
- **Student Learning Outcomes Assessment**^{*}
- **Program Approval**
- **Community College Internships**
- **Educator Preparation (B-12)**
- **Training Resources and Internship Program (TRAIN)**^{\$}

Legend
^{\$} Line-Item Funding in FY23 State Budget
⁺ Federal Funding
^{*} Higher Education Innovation Fund

Holistic Approach to Student Services



What is Behavioral and Mental Health?

■ Behavioral Health

- Substance abuse disorder
- Addictions
- Self-Injury
- Eating Disorders

■ Mental Health

- Depression
- Anxiety
- ADHD
- Bipolar Disorder
- Schizophrenia

Student Need

- 2021-2022 [Healthy Minds Study](#) (HMS)
 - 44% depression
 - 37% anxiety
 - 14% eating disorder
 - 15% suicide ideation
 - 83% reported BHMH negatively impacting schoolwork
 - 37% students received services

Barriers to Access (HMS)

- 25% Not enough time
- 21% Prefer to deal with issues on my own or with support from family/friends
- 21% Financial reasons (too expensive, not covered by insurance)
- 16% Not sure where to go
- 12% Difficulty finding an available appointment

BHMH Higher Education 360°

Students

- Direct Services
- Education

Faculty

- Professional Development
- Direct Services

Workforce

- Hiring at IHEs
- Training Programs

Supporting Behavioral and Mental Health

- **FY22 Funding (ARPA 1599-2026)**

- \$2M for community colleges
- \$1.2M for state universities
- \$1.8 M for UMass System

- **Wide range of services**

- Trainings
- Tele-behavioral Health Services

Supporting Behavioral and Mental Health

■ **FY23 Funding (7066-1123)**

- \$2M for community colleges
 - 15 community colleges serving 32,496 students
- \$2M for state universities
 - 6 of 9 have responded thus far, to serve 40,577 students

■ **Wide range of services**

- Crisis services: 13
- Therapy: 13
- Assessment of Learning Disorders: 8
- Response to sexual assault: 8
- Substance use disorder services: 9
- Stress, anxiety, or other needs assistance: 19

Supporting the BHMH Workforce

- Broad range of professionals
 - Peer specialists to clinicians
 - Different needs require different treatments and settings
- Need to address shortages across care delivery continuum
- Representation/equity

Exploration of New Approaches to Supporting Student Behavioral/Mental Health

- Feasibility Study (\$150,000)
 - A shared inpatient program exclusive to college students
 - A shared intensive outpatient program
- Based on current models
 - The Northwell Health Behavioral College Partnership
 - The Haven at College
 - TCU's On-campus Intensive Outpatient Program
- Will conclude by December 31, 2023

Preparing for FY24

- June 15 ARPA and FY23 Grant Recipients
 - Share promising practices
 - Identify continued pain points
 - Learn how the DHE can better support campuses
- Potential FY24 Funding
 - Governor: \$4.428 M
 - Senate: \$4.228 M (\$200,000 for administration)

Preparing for FY24

- Potential FY24 Funding (7066-1123)
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Preparing for FY24

- Potential FY24 Funding (7066-1123)
 - Governor: \$4.428 M
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Thank you

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