Behavioral and Mental Health
360º
The Equity Agenda

Academic Affairs & Student Success Initiatives

Overarching Goal: The elimination of racial disparities in the Massachusetts public higher education system

- Bridges to College
- MassTransfer
- SSA Transfer Academy
- Basic Needs Security
- Open Educational Resources
- Developmental Education Reform
- STEM Starter Academy (SSA)
- Competency Based Education
- Prior Learning Assessment
- Civic Engagement & Learning
- Student Learning Outcomes Assessment
- Community College Internships
- Educator Preparation (B-12)
- Training Resources and Internship Program (TRAIN)
- Higher Education Innovation Fund
- Program Approval

Legend
- $ Line-Item Funding in FY23 State Budget
- + Federal Funding
- * Higher Education Innovation Fund
Holistic Approach to Student Services

- Housing
- Food
- Behavioral and Mental Health
- Gender Affirming Healthcare
- Childcare
- Clothing
- Transportation
- Technology
What is Behavioral and Mental Health?

- Behavioral Health
  - Substance abuse disorder
  - Addictions
  - Self-Injury
  - Eating Disorders

- Mental Health
  - Depression
  - Anxiety
  - ADHD
  - Bipolar Disorder
  - Schizophrenia
2021-2022 Healthy Minds Study (HMS)

- 44% depression
- 37% anxiety
- 14% eating disorder
- 15% suicide ideation
- 83% reported BHMH negatively impacting schoolwork
- 37% students received services
Barriers to Access (HMS)

- 25% Not enough time
- 21% Prefer to deal with issues on my own or with support from family/friends
- 21% Financial reasons (too expensive, not covered by insurance)
- 16% Not sure where to go
- 12% Difficulty finding an available appointment
## BHMH Higher Education 360°

### Students
- Direct Services
- Education

### Faculty
- Professional Development
- Direct Services

### Workforce
- Hiring at IHEs
- Training Programs
Supporting Behavioral and Mental Health

- **FY22 Funding (ARPA 1599-2026)**
  - $2M for community colleges
  - $1.2M for state universities
  - $1.8 M for UMass System

- **Wide range of services**
  - Trainings
  - Tele-behavioral Health Services
Supporting Behavioral and Mental Health

- **FY23 Funding (7066-1123)**
  - $2M for community colleges
    - 15 community colleges serving 32,496 students
  - $2M for state universities
    - 6 of 9 have responded thus far, to serve 40,577 students

- **Wide range of services**
  - Crisis services: 13
  - Therapy: 13
  - Assessment of Learning Disorders: 8
  - Response to sexual assault: 8
  - Substance use disorder services: 9
  - Stress, anxiety, or other needs assistance: 19
Supporting the BHMH Workforce

- Broad range of professionals
  - Peer specialists to clinicians
  - Different needs require different treatments and settings
- Need to address shortages across care delivery continuum
- Representation/equity
Exploration of New Approaches to Supporting Student Behavioral/Mental Health

- Feasibility Study ($150,000)
  - A shared inpatient program exclusive to college students
  - A shared intensive outpatient program

- Based on current models
  - The Northwell Health Behavioral College Partnership
  - The Haven at College
  - TCU’s On-campus Intensive Outpatient Program

- Will conclude by December 31, 2023
Preparing for FY24

- June 15 ARPA and FY23 Grant Recipients
  - Share promising practices
  - Identify continued pain points
  - Learn how the DHE can better support campuses

- Potential FY24 Funding
  - Governor: $4.428 M
  - Senate: $4.228 M ($200,000 for administration)
Preparing for FY24

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Preparing for FY24

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Thank you

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