

# The Basic Needs Security Challenge in Higher Education

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# BASIC NEEDS INSECURITY RATES



**Community  
Colleges**

**4-year Institutions**

**Food Insecurity**

42-56%

33-42%

**Housing Insecurity**

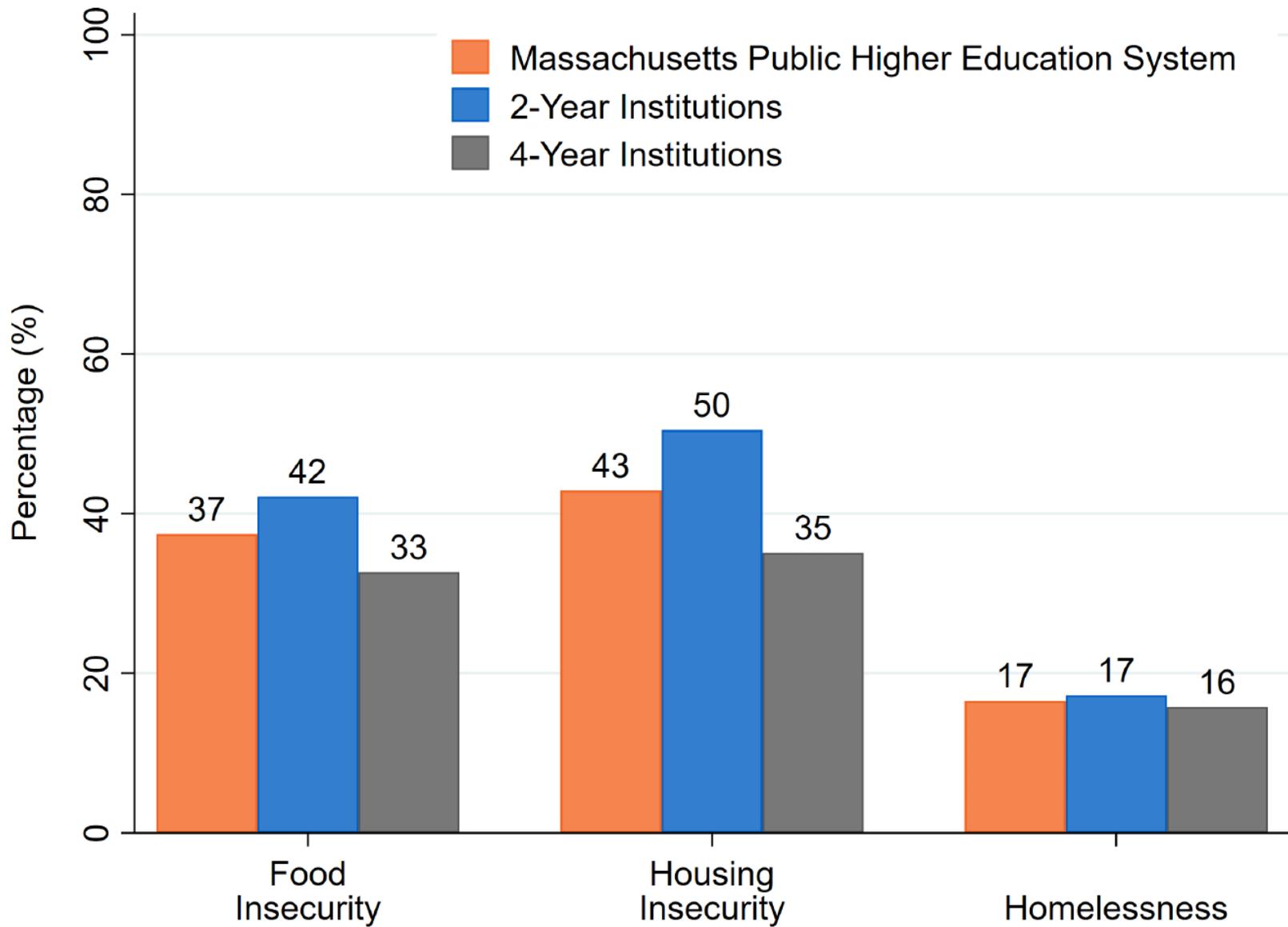
46-60%

35-48%

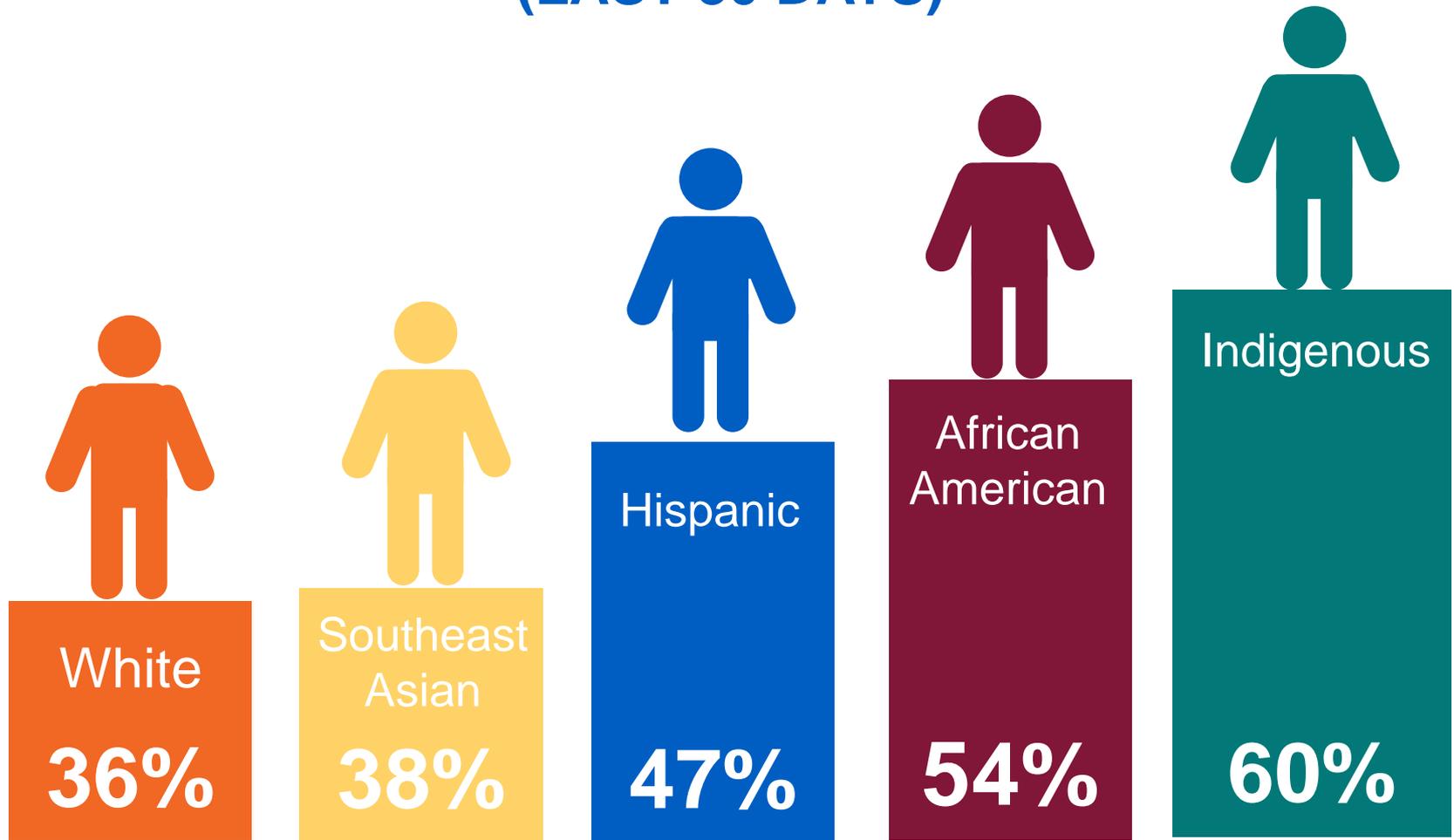
**Homelessness**

12-18%

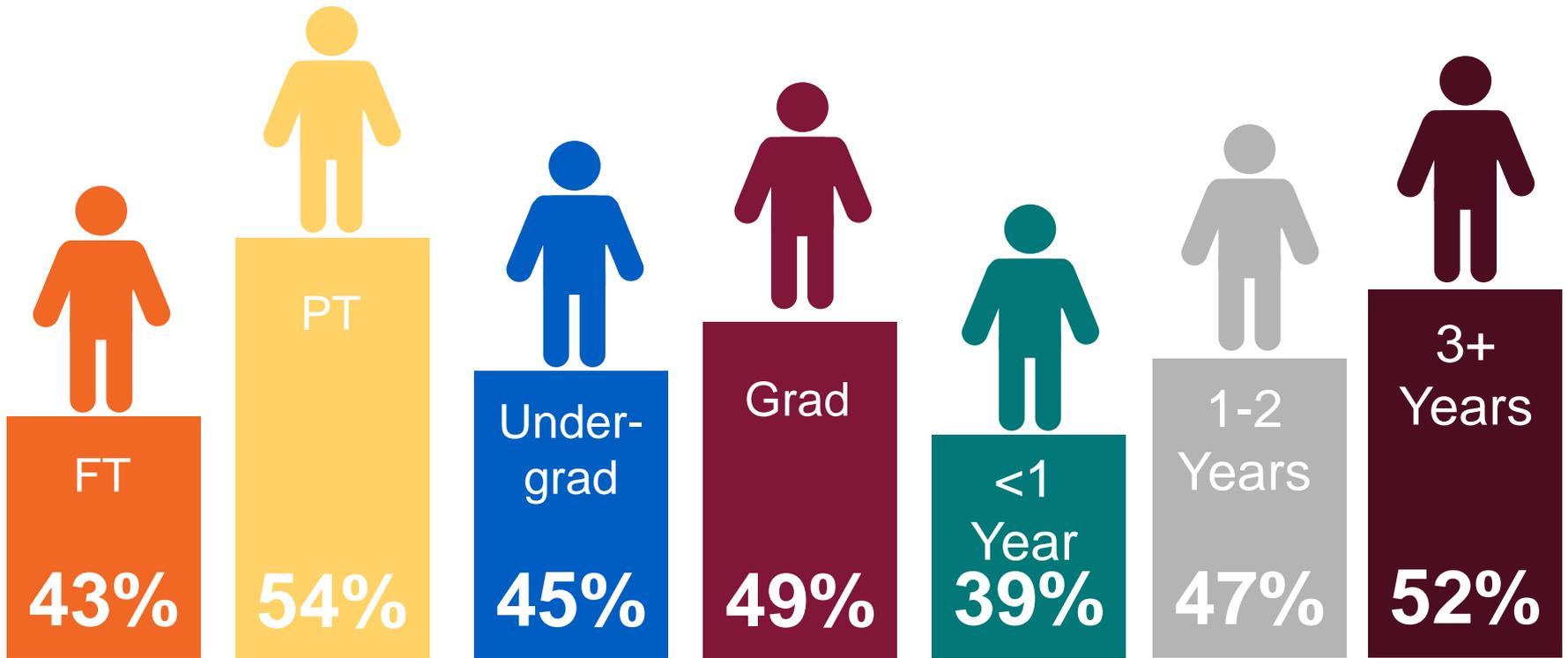
9-16%



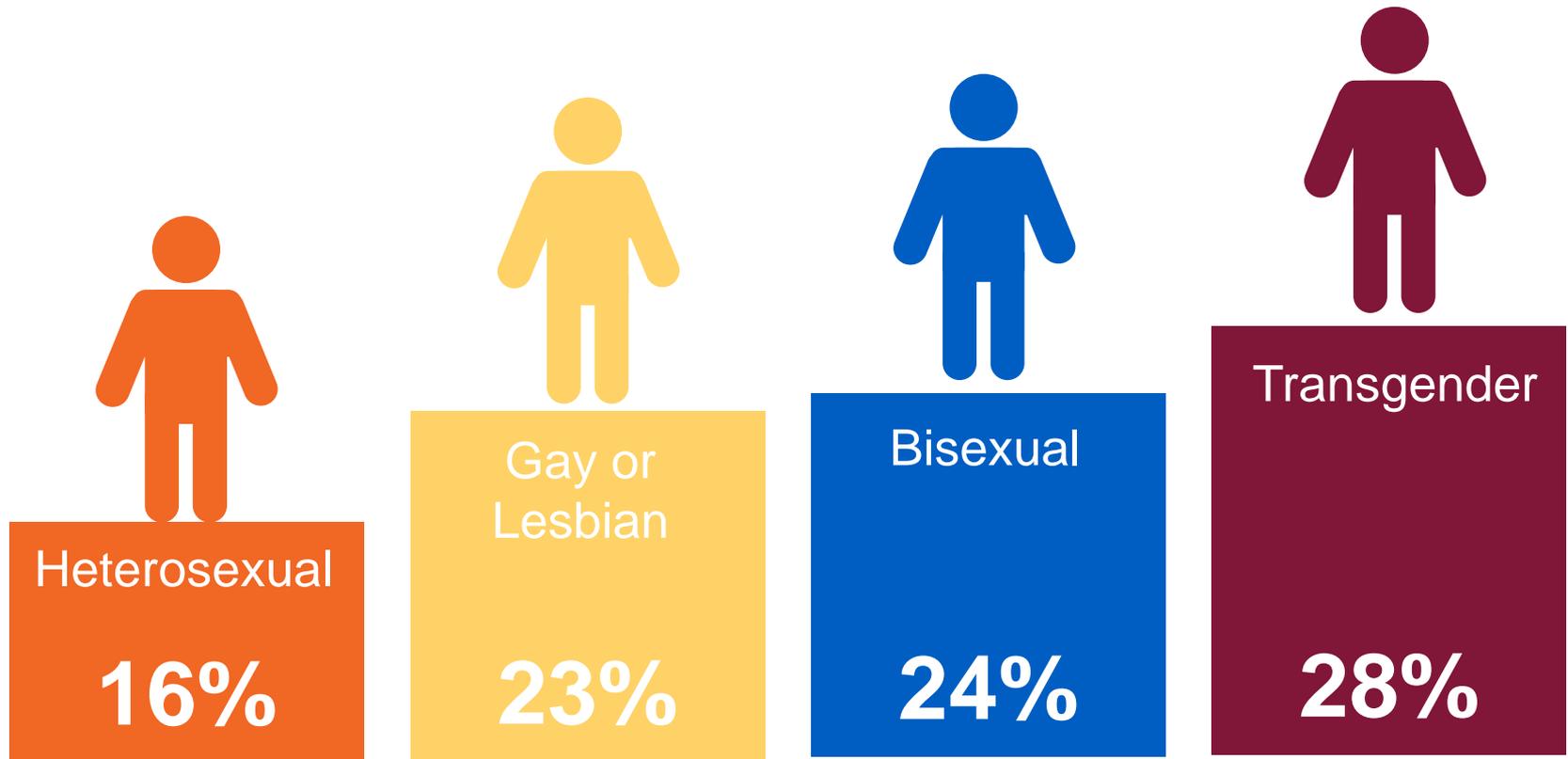
# FOOD INSECURITY (LAST 30 DAYS)



# HOUSING INSECURITY LAST 12 MONTHS



# HOMELESSNESS LAST 12 MONTHS





# BASIC NEEDS INSECURITY AND MENTAL HEALTH

# STUDENTS EXPERIENCED ANXIETY

## Two-Year

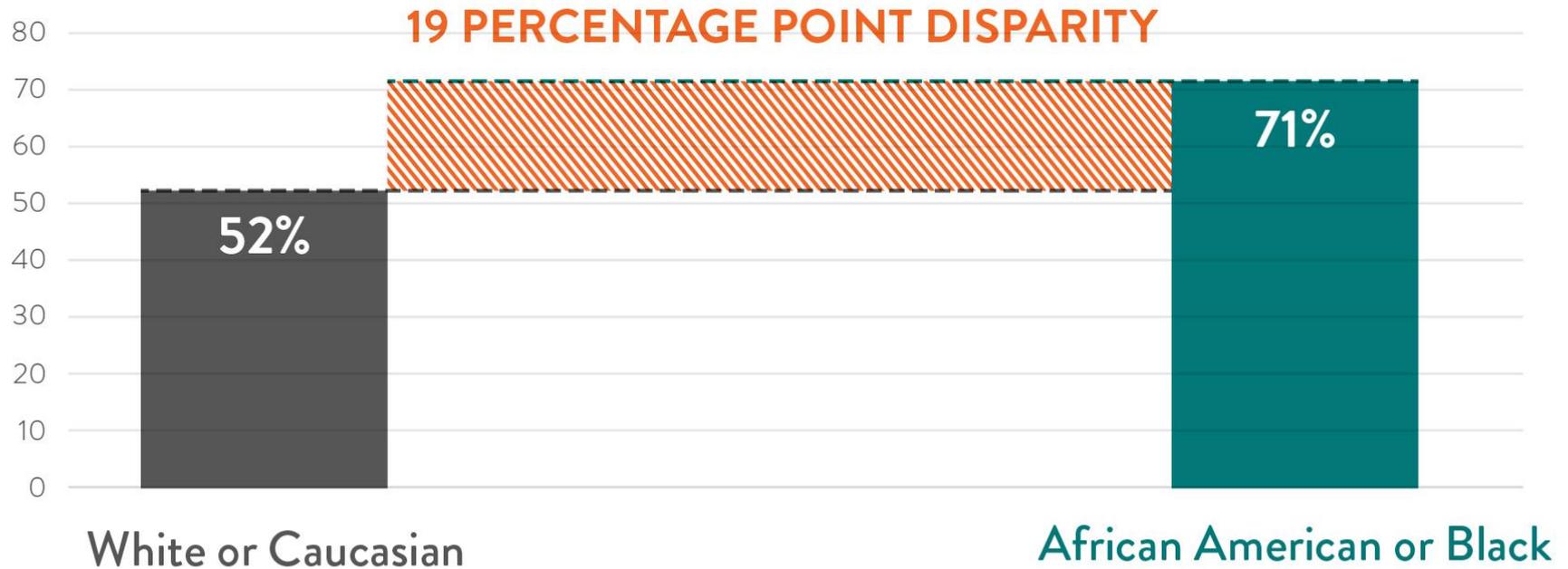


## Four-Year



# BASIC NEEDS INSECURITY AND THE PANDEMIC

# BASIC NEEDS INSECURITY PANDEMIC



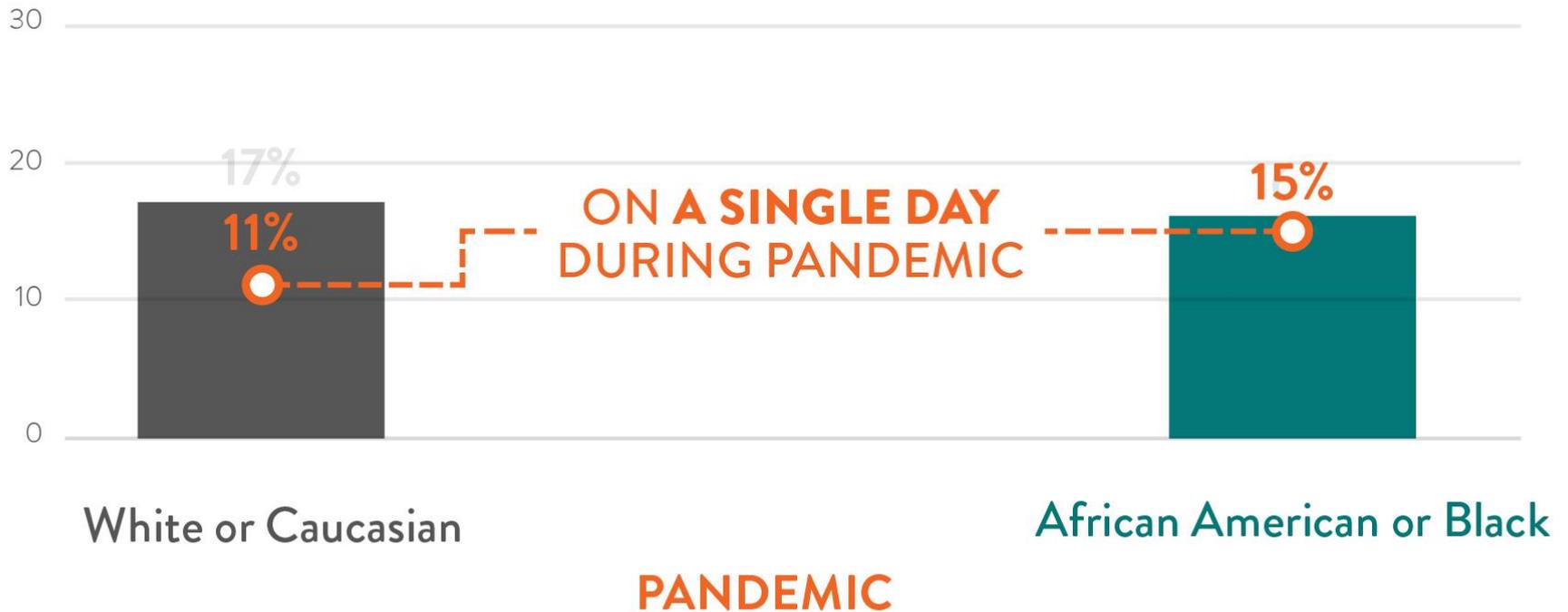
# HOUSING INSECURITY

FALL 2018-2019 VS. A SINGLE DAY DURING THE PANDEMIC



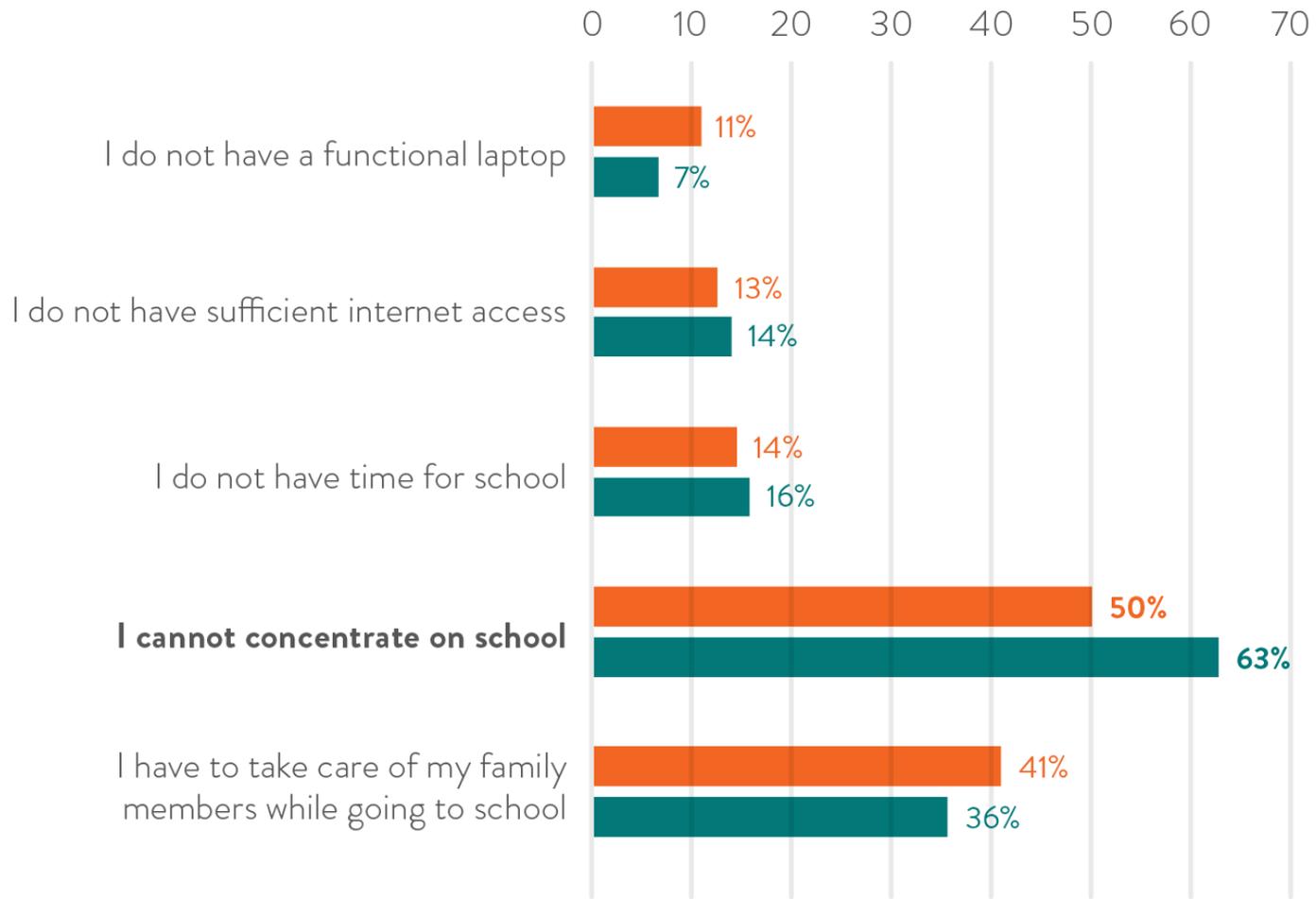
# HOMELESSNESS

FALL 2018-2019 VS. A SINGLE DAY DURING THE PANDEMIC





# TECHNOLOGY ACCESS DURING THE PANDEMIC



Two-Year

Four-Year

**#REALCOLLEGE™**

# FOOD INSECURITY

## (18-ITEM USDA, LAST 30 DAYS)

1. I worried whether my food would run out before I got money to buy more.

2. The food that I bought just didn't last and I didn't have money to get more.

3. I couldn't afford to eat balanced meals.

*Only if yes to 1, 2, or 3, proceed*

4. I cut size of meals or skipped meals

5. *Three or more times*

High  
0 Items

**Secure**

Marginal  
1-2 Items

Low  
3-5 Items

**Food  
Secure**

Very Low  
6-10 Items

6. I ate less than I should.

7. I was hungry but didn't eat because there wasn't enough money for food.

8. I lost weight.

*Only if yes to 4, 6, or 7 proceed*

9. I didn't eat for a whole day.

10. *Three or more times*

*IF THE STUDENT HAS A CHILD, SCORING DIFFERS SOMEWHAT*

# HOUSING INSECURITY & HOMELESSNESS (LAST 12 MONTHS)

- Rent increase made it difficult or impossible to pay
- Didn't pay full gas, oil, electric bill
- Moved in with others, financial problems
- Overcrowding
- Left home b/c felt unsafe
- Moved at least 3 times
- Account defaulted/went into collections
- Received summons to housing court

Housing  
Insecure  
←←←  
(Any Item)

Homelessness  
→ → →  
(Any Item)

Have you been homeless?

Have you slept in:

- Temporary residence/couch
- Temporary hotel/motel
- Shelter
- Camper
- Transitional housing
- Group home
- Treatment center
- Indoor location not meant for habitation
- Outdoor location (street, sidewalk, alleyway, bus stop)